

DIANE HOLLMAN

Body Symptom Translation

ABOUT US

What is Body Symptom Translation?

Your body is your personal GPS, using symptoms to get your attention. Through guided awareness, presence, and conversation, we create space for the symptom to be seen, felt, and understood—allowing it to move through with greater ease.

About Diane

For over 30 years, I have been deeply curious about the connection between the body, mind, emotions, and symptoms. Through natural intuition and experience, I guide people to uncover the messages their symptoms are communicating—offering space for healing and transformation.

- Student of meditation, stillness, and deep inner listening for over 30 years
- Certified Kripalu Yoga teacher
- Trained in Awareness, Presence, and People Medicine with Kindling Point
- Explores the healing power of food through Macrobiotics and other modalities
- Conscious Language, BioOptic Holography, and Body Symptom Translation (Mastery Systems)
- Former medical sales professional for 25+ years specializing in cardiovascular equipment and mental health research

WHAT WE OFFER

Masterful facilitation to help you connect with your body's wisdom, bringing ease to your body, mind, and spirit.

Body Symptom Translation Session



45-60 minute conversation, in person, on a walk, sitting still, on the phone or zoom- \$130

*Timing may vary based on symptom

Breathing and meditation Session



45-minute sessions creating stillness and deep listening. In person, in nature, or Zoom- \$65

Holistic Practitioner Match Making



Conversation to connect to local and global holistic practitioners based upon your current needs to support your body, mind, and spirit at this time of your evolution- \$25

SCHEDULE

Text, email, or call
215-260-0207 to schedule
an appointment.

dianehollman549@gmail.com

Cancellation policy:

24 hour notification to cancel full session. Full session fee is expected if 24 hour notification is not given.

