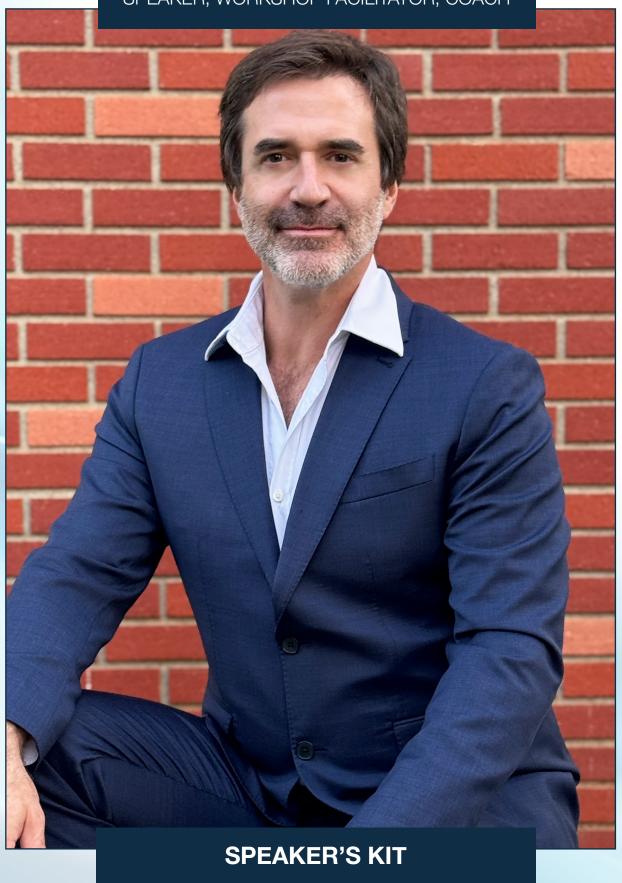
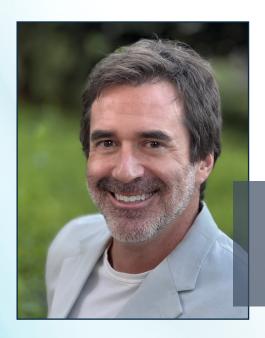
# **BRENT KEE**SPEAKER, WORKSHOP FACILITATOR, COACH





"Brent embodies the work he teaches, and his presence alone carries a frequency of renewal and possibility."

- Diane H.

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BRENT KEE

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Events@BrentKee.com

Workshop Overview and Media Packet
How to Move Energy 101: How to Heal Yourself
with Brent Kee

#### **Meet Brent Kee**

Brent Kee is the founder of Chi BioEnergetic Healing, with over 18,000 hours of client experience and two decades of study in Eastern religions, philosophy, and quantum mechanics. His work bridges modern science with timeless spiritual truth, guiding participants to awaken to their divine essence — to remember themselves as light, presence, and love expressed through the human experience. Through his signature workshop, How to Move Energy 101: How to Heal Yourself, Brent offers grounded, practical teachings that empower individuals to transmute lower vibrational states into coherence, peace, and vitality, returning them to the wholeness that has always been within.

# Chi BioEnergetic Healing

Chi BioEnergetic Healing is a teaching and transformational practice dedicated to bridging modern science with ancient wisdom to restore energetic balance, coherence, and vitality. Through workshops, retreats, and private facilitation, it helps individuals and communities cultivate presence, awareness, and higher consciousness as natural expressions of being. Its guiding principle is simple: when energy becomes aligned, life becomes whole.

# **Workshop Description**

How to Move Energy 101: How to Heal Yourself blends modern scientific understanding with spiritual wisdom to help participants experience energy as the living field from which reality arises. Drawing from quantum mechanics, participants explore how less than one percent of existence is matter, while 99.99 % is energy and information. Through guided practices, they learn how to shift disharmonious patterns in that field, returning to their natural state of coherence, light, and wholeness.



This workshop is more than theory — it is a direct experience of presence and transformation. Participants learn to quiet the mind, open the heart, and access higher frequencies of awareness. At its heart, this workshop is an invitation to remember the light within and to live from that awareness in everyday life.

## **Teaching Style & Audience Fit**

Brent's teaching style is both inspirational and practical. He weaves together scientific clarity, spiritual wisdom, and lived experience to guide participants through direct transformation — helping them reconnect with their own inner light and the deeper intelligence of life itself. Workshops integrate lecture, demonstration, video, and meditation, ensuring that each participant leaves with both insight and embodied practice. This program welcomes all backgrounds — no prior experience is required. Even seasoned practitioners, teachers, and healers consistently report fresh insights and renewed depth through this work.

#### **Testimonials**

"I'm incredibly grateful to have participated in Brent's Bio Energetic Healing workshop. Both the content he shared and the way he connected the dots between concept and reality made everything easy to relate to and understand. Its inspiring nature has already influenced how I approach learning and how I lead in both my personal and professional projects. Brent is a visionary who takes the time to teach so that others can learn, grow, and feel empowered by his wisdom." – Michael A.

"I learned an immense amount in Brent's workshop. I left with a wealth of knowledge and 'upgrades' to my meditation practices." – Jeanine O.

"I've had the joy of attending Brent's workshop, and I can honestly say he's a gifted and inspiring teacher. He doesn't just teach the material—he lives it. The way he shares his knowledge is so grounded, clear, and heartfelt that it really sticks with you. I walked away not only understanding the content, but also feeling empowered to apply it in meaningful ways in my everyday life." – Marie H.



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### **Reviews & Credibility**

For more than two decades, Brent has immersed himself in the study of energy, consciousness, and transformation — and for the past thirteen years, he has guided thousands of clients and students through direct, embodied experience of those teachings. His work, both in private practice and group facilitation, reflects the same foundation: presence, compassion, and the ability to catalyze deep energetic change.

With over 200 five-star reviews on Google and Yelp, his work is consistently described as lifechanging, grounding, and illuminating. These reflections mirror the essence of his teaching coherence, transformation, and the remembrance of wholeness that lies within each person.



**Read Google Reviews** 



# **Requirements for Hosting**

- Room appropriate for 30–300 participants
- Projector and screen
- Audio system with HDMI connection
- Body microphone
- Comfortable seating

# **Contact & Booking**

For booking and inquiries: events@brentkee.com | www.brentkee.com | (805) 702-0301

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